

COZMEDIC SURGERY ASSOCIATES

6585 Rochester Road, Suite 103, Troy, MI 48085

SMOKERS CONSENT

- ⇒ Smoking causes constriction (narrowing) of small blood vessels in the skin, which has a direct negative effect on your upcoming surgery. In any operation that undermines the skin, survival of the skin and underlying tissues depends totally or in part on the circulation in that area. Reduction of the blood flow can cause reduced or slower healing, blistering of the skin, or in worst cases, actual loss of tissue
- ⇒ If you have either stopped smoking very recently or have been unable to stop completely, you must accept these risks if you wish to proceed with surgery.
- ⇒ Cigarette smoking should be discontinued a minimum of three-four weeks before surgery and one-three weeks after surgery. Smoking is harmful. First, it has a deleterious effect on wound healing and can increase the incidence of skin loss. Second, smokers tend to cough more than non-smokers and post-operative coughing can increase the possibility of bleeding.
- ⇒ Second hand smoke can still cause these symptoms. Do not allow yourself to think that second hand smoke can't hurt you; the same rules apply as that of a smoker.
- ⇒ If a problem occurs after surgery, the surgeon and the office staff pledge to care for you in resolving the problem to the best of their ability. It is imperative that you are candid with us about this matter. We cannot care for you properly if we do not know what is actually happening.

I hereby authorize the physician, and/or such assistants or designees as may be selected by him/her, to be aware that I am a smoker and or subjected to second hand smoke and do understand my risks and therefore agree to stop smoking and keep myself free of cigarette smoke exposure for a minimum of two weeks before surgery.

I do understand that if I do not quit smoking my surgery may be cancelled or my surgery may result in delayed healing and a secondary surgery may result or skin necrosis may occur.

Patient: _____

Witness: _____

Date: _____

Date: _____